



King County 4-H Super Saturday
March 20, 2010

Enumclaw Middle School
550 Semanski St
Enumclaw, WA 98022

Registration Form- one per person please

Name (First and Last)	
Circle One	Youth Adult
Age- For youth only	Primary (2 nd gr and below) Junior Intermediate Senior
Phone #	
Circle One	4-H member (youth) 4-H Volunteer Community Member
Name of Parent (assisting youth under 8)	
County/ Club	

Please fill in 1st and 2nd choice for each session.

	9:30 - 10:40 am	10:50 - 12 pm	1 - 2:10 pm	2:20 – 3:30 pm
1 st Choice				
2 nd Choice				

Food Order

Meal	Item	Cost- Include with Registration
Breakfast		
Lunch		

Cost: Early Bird (**Postmarked by March 13th**)- \$7 individual, \$20 family

Walk In- \$9 individual, \$25 family

Registration	
Food	
Total Enclosed	

Mail Registrations to: (Checks payable to King County 4-H Association)

King County 4-H, c/o Alicia Thomas

10103 NE 12th St #16

Bellevue, WA 98004



Super Saturday Menu



Breakfast- Serving will start at 8:00am

1 Pancake/ 2 Pancakes	\$1.00/\$1.50 (order day of event)
Breakfast Hash- eggs, cheese, ham, potatoes	\$3.00

Lunch- Serving will from 12pm to 1pm

Lasagna- with meat- salad, garlic bread, water	\$5.00
Lasagna- without meat- salad, garlic bread, water	\$5.00
Small Green Salad- with garlic bread	\$2.00
Hotdog- with water	\$2.00

Other Food Items Available for Purchase Day of Event

Pop	Tea	Coffee	Chips	Brownies
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All meals (except pancakes) must be pre-paid with registration; there will be very little extra food available the day of the event.

All proceeds from the food cart will go to Teen Leaders of Tomorrow for scholarships to teen events



Super Saturday Schedule and Workshops

8 – 9 am

Registration/ Check in, Breakfast and Social Time

-Make sure to bring a pen/pencil and notebook for all of your classes, they are not provided.

9- 9:15 am

Opening and Welcome

Session 1 9:30 am -10:40 am

1A	Giving and Judging Public Presentations Deana French	This workshop will help you learn a 4-H method of giving public presentations. The skills learned in this workshop will help you improve your speaking skills for club, county, and state level presentations, and much more. This session is for both youth and adults. Youth will learn to give a presentation and adults can learn how to help young people prepare, improve their own speaking skills, and become qualified to judge public presentations at the county level.
1B	Tips for Working with Youth with Learning Disabilities Marian Brown	Working with youth with disabilities is a very rewarding experience. It offers special opportunities for the leader, the club and the individual to grow. This workshop will offer tips for leaders on how to work with youth in the 4-H club setting to maximize the learning and experience for everyone. For: Leaders, Parents and Teens
1C	Mask!! Cindy and Noelle Borland	Come join us and learn a little about the history of masks! Then show your creative skill by making a mask to take home! To Bring: Dress for possible mess. Masks are made out of plaster. Will need to bring hair bands if hair to keep out of face.
1D	Digital Storytelling Carey Roos and Darlene Munson	Come learn how to put a Digital Story (Video) together. Participants will learn how to put a Video together from start to finish from coming up with a Story, shooting the video, and Capturing it to a computer and the editing process. <u>This workshop is an all day class.</u> For: 6 th grade and above
1E	Record Books Floy Ziegler	Are you leery of doing a record book? A little scared that it is a lot of work? Attend this workshop to learn how easy it really is and how turning in a record book can help you earn a “Member of Distinction” patch.
1F	Fair and Event Prep for the Dog Project Harlee Day	Are you a new member to the Dog Project? Come and learn everything you need to know about preparation for Fair and other Dog events, such as supplies, attire, what to expect, grooming requirements, herdsmanship, and weather extremes. All of your questions will be answered here.
1G	Rally Obedience Marilyn Johnson	Bring your imaginary dog and learn about the fun way to do obedience, called Rally, where a dog and handler team completes a course of obedience skill stations. Without a real dog to worry about, you will learn and practice the various stations a judge might use. The hardest part of Rally Obedience is getting to know the station signs and the correct way to perform them. We will play a game to help you remember what to do for different types of maneuvers.
1H	Picture This Nancy Baskett and Dianne	Tips on how to prepare for photos for entry, some things the judges will be looking for and hands on fun activities.

	Heath	
1J	Food and Culture Sonia Morales	Would you like to learn about culture through international food? It is anticipated that this workshop will motivated you to learn about Latino's culture using hands-on activities such as making delicious tortillas, beans and pupusas with salsa and cheese! You can't eat just one. Come and experience that how most things you make with your hands, it's incredibly satisfying work. Cost: \$5

Super Saturday Workshops

Session 2 10:50- 12 pm-

2A	Getting Ready to Deliver Your Public Presentation Deana French and Dianne Heath	Use this workshop time to get ready to deliver your public presentation. You could make posters, develop an outline, practice delivering your presentation, or brainstorm your presentation topic -- whatever you need time to work on or help to do. Experienced presentation judges will be available to answer questions and provide feedback. To Bring: Bring what you want to work on - posters, content, etc.
2B	Creating a Blue Ribbon Poster Marian Brown	Educational posters are a key element in any project and fair entry. Learn the basics of creating a blue ribbon poster, tips for topics and avoiding the common mistakes. Blue, red and white ribbon examples will be on-hand.
2C	Masks!! Cindy and Noelle Borland	Continue from 1C.
2D	Digital Storytelling Carey Roos and Darlene Munson	Continue from 1D.
2E	Project Juniors Tia Smith	Interested in AKC Junior Showmanship, or just to improve your handling skills? Tia Smith will answer popular questions with her research of judges and professional handlers. She will also answer your answer your personal questions. Kids and parents welcome! For members with 1 year or more experience in the dog project. Cost: \$5.
2F	Oral Reasons Eileen Johnson	Learn the basics of doing oral reasons for horses or other divisions. To Bring: Judging Manual For: Juniors and above
2G	How to Use MS PowerPoint for Presentations Nancy Basket	Learn the proper way use MS PowerPoint as a tool for your Public Presentation.
2H	Preparing Primaries for Fair Carol Beckman	Ideas geared toward helping Primary members choose exhibits appropriate for their age level to enter at County Fair. For: This class is aimed at leaders and parents.
2J	Wonderful Gardening Sonia Morales	Learning how to plan and build a wonderful family/community garden will facilitate a broad learning that will be a unique experience for youth and adults. Come to this workshop, learn and get new ideas about creating a unique gardening in your community. You will enjoy it!

12- 1 pm

Lunch – *see menu options* available for pre-register.

Super Saturday Workshops

Session 3

1:00- 2:10pm

3A	Getting Ready to Deliver Your Public Presentation Deana French and Dianne Heath	Use this workshop time to get ready to deliver your public presentation. You could make posters, develop an outline, practice delivering your presentation, or brainstorm your presentation topic -- whatever you need time to work on or help to do. Experienced presentation judges will be available to answer questions and provide feedback. To Bring: Bring what you want to work on - posters, content, etc.
3B	Vision Board Creation Marian Brown	Create your 4-H future! A vision board helps you focus your time and energy on what you want in life. It is created by making a collage of inspiring pictures, encouraging words, and motivational quotes taken from magazines, newspapers, and other print medium. It is ideal for visualizing your goals and dreams. To Bring: One poster board and 3-5 magazines (if possible) for cutting out images/words etc. For: Teens
3C	Crochet for Beginners Annie Warren	Learn Basic crochet techniques for Beginners. We will be crocheting a daisy chain. This will teach students how to chain, do a slip stitch, and how to do a single crochet. To Bring: G size crochet hook, for ages 8 and up.
3D	Digital Storytelling Carey Roos	Continue from 1D.
3E	How to Make Fake Wounds Cassie Larson	Want to learn a great prank to play on friends and family? Then this is the class for you! I'll teach you how to make a realistic looking wound from common items found around your house and it won't hurt a bit! You will make and take one home with you and then let the fun begin! Cost \$1.00.
3F	Meeting the Essentials of 4-H Programming Carol Beckman and Darlene Munson	This workshop will provide attendees with pertinent information about the Mission Mandates for Washington 4-H programming. Delivery of information by PowerPoint presentation, discussion topics and helpful handouts will be included. For: Parents and Leaders.
3G	Introduction to Robotics Programming Chelle Herburger	Learn basic programming and some tricks of the trade from FLL 4-H team members. Give last year's challenge your best shot and try your hand at a few other programming surprises we have put together just for this class. To Bring: If you have a Mindstorm NXT robot built you would like to try and program, you may bring it in its own container. For: 8 years and above
3H	The PEAK Program- Having Fun with Outdoor Recreation Donna and Kathleen Mikula	Through this hands-on, interactive program we will learn how to have fun outside while practicing responsible outdoor recreation. Come find out what you can do to enjoy and protect our public lands. Visit a campsite and enjoy camp snacks too! Developed through a partnership with REI and the Leave No Trace Center for Outdoor Ethics and based on the seven Leave No Trace Principles. Cost: \$2
3J	Getting the Most Out of 4-H Nancy Baskett	Learn how to enhance your members' 4-H experience. Good for parents and leaders new in 4-H. includes Q &A times.

Super Saturday Workshops

Session 4 2:20- 3:30pm

4A	Public Presentation County Qualifying Event Deana French and Dianne Heath	This workshop time slot will be used as a County Qualifying Event. Come prepared to give your Presentation to the judges, and when you earn a blue ribbon, you will be qualified to deliver your presentation at State. To Bring: All of your props and posters for your presentation.
4B	Vision Board Creation Marian Brown	Continued from 3B.
4C	Lights, Camera, Action Dianna Carlson	There's more to performing than standing on a stage in front of a microphone. Pierce County has an active performing arts program and will share with you how to get one started in your county. From procuring workshop presenters in the field of performing arts to learning about working behind the scenes, emceeing, performing and evaluating are areas that will be covered in this workshop. So "break a leg" and join us. For: Teens
4D	Digital Storytelling Carey Roos and Darlene Munson	Continue from 1D.
4E	The Festering Green Thumb Jim Olson	Come and learn how to, when to and why could you enter the plant project.
4F	Dog Show Lead Braiding Tia Smith	Back by popular demand, Tia Smith teaches dog show lead braiding. You will have the opportunity to start your own show lead in the color(s) of your choice. No previous experience required. To Bring: 3/8" metal clasp, leather lace, upholstery needle, leather core and beads (optional). All above materials will be available in a kit for \$20. Under 15 years old must have parent with them.
4G	Fun Creative Games Teen Leaders of Tomorrow	Are you looking for a fun and exciting workshop? This is the workshop you are looking for. Come and join the Teen Leaders of Tomorrow in some fun but challenging games.
4H	Line Dancing- Step Up and Step Out Kay Larson	We'll be warming up and learning the country version of "Electric Slide", then moving on to "Slap Leather" also known as the "Louie". Be sure to wear comfortable shoes. No partners are needed so come have fun and get moving! To Bring: Comfortable shoes for dancing in.
4J	Basic Leathercraft Chelle Herburger	Back by popular demand! Learn a brief history of leather, how to prep, stamp, carve, finish and lace your very own leather item suitable to enter at fair. For: 8 years and above without parent supervision Cost: \$5